

356 No Fall Days

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Problem: Patient falls in the hospital setting are the norm, not the exception. We thought that this could be turned around and be made the exception, not the norm.

Evidence: The assistant managers kept track of the falls on the 1st floor, by shift. A fall report is generated each time a patient falls.

Strategy: The PM shift on the first floor went 356 days without a patient fall.

Practice Change: Fall risk patient wore red sox, blue ID bands, ad signs posted on their door, were rounded on hourly and bed and chair alarms were used.

Evaluation: The records were kept by the ANM's and our QA department. Falls were recorded

Results: The PM shift went 356 days without a fall.

Recommendations: The fall protocols that we used worked, education of the staff and the management team is essential. The management must be visible to the staff when first implementing the fall protocols and behaviors