

Teaching-Learning Strategies to Improve Evidence-Based Nursing Practice in a Magnet-Designated Community Hospital
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Background: Evidence-based nursing (EBN) is the conscientious, explicit and judicious use of theory-derived, research-based information in making decisions about care delivery to individuals or groups of patients. Evidence-based practice (EBP) derives from the principle that health-care professionals should center their practice on scientific research findings. Nurses have not regularly used research as the basis of their practice. A contributing factor is that direct care nurses do not usually associate with nurse scientists who produce knowledge. Therefore, there is often a lack of dialogue between clinicians and researchers. This presentation will discuss teaching-learning strategies utilized by a nurse researcher to: 1) Increase the knowledge of nurses regarding nursing research and evidence-based nursing practice; and 2) Assist nurses develop research studies and evidence-based nursing practice projects of importance to their area of specialty.

Level of Educational Program: This program is targeted for all levels of nursing professionals, including: student nurses, direct care nurses, nurse leaders, staff development educators, nursing faculty and nurse administrators.

Targeted Learning Objectives: At the completion of this presentation the nurse will be able to: 1) Identify barriers to implementing nursing research and evidence-based nursing findings by nurses in clinical practice; and 2) Discuss effective teaching-learning strategies that facilitate the application of nursing research and evidence-based nursing findings in clinical practice.

Teaching-Learning Activities: Included are the following: 1) Curriculum from an 8 hour seminar entitled: “Nursing Research and Evidence-Based Nursing Practice: Essential Element”; and 2) Outcomes of 25 Evidence-Based Nursing Practice projects conducted by direct care nurses and nurse leaders at our 408 bed, Magnet- designated community hospital in New York State.

Evaluation: Creating a climate of “EBP Nursing Awareness” in the hospital environment empowers direct care nurses to accomplish the following: 1) Examine the scientific basis of their practice; 2) Develop “best nursing practices”; and 3) Achieve improved patient care outcomes.